



## Joining Chiro One Zoom Telemedicine appointment on your DESKTOP

1. Download and install the zoom desktop client for meetings  
(<https://zoom.us/download>)
2. Open the zoom desktop application
3. Click "Join a Meeting"
4. Enter your meeting id
  - a. This is a 9, 10, or 11 digit number that will be provided to you from your clinic team
  - b. Put that number in where it says "Meeting ID or Personal Link Name"
5. Enter your name as the display name
6. Make sure "Do not connect to audio" and "Turn off my video" are NOT checked
7. Click "Join" to connect to your doctor for your telemedicine appointment

## Joining Chiro One Zoom Telemedicine appointment on your PHONE

1. Download the Zoom mobile app from the Google Play Store/App Store
2. Open the Zoom mobile app
3. Tap "Join a Meeting"
4. Enter your meeting id
  - a. This is a 9, 10, or 11 digit number that will be provided to you from your clinic team
  - b. Put that number in where it says "Meeting ID"
5. Enter your name as the display name
6. Make sure "Don't Connect To Audio" and "Turn Off My Video" are NOT switched on
7. Tap "Join" to connect to your doctor for your telemedicine appointment